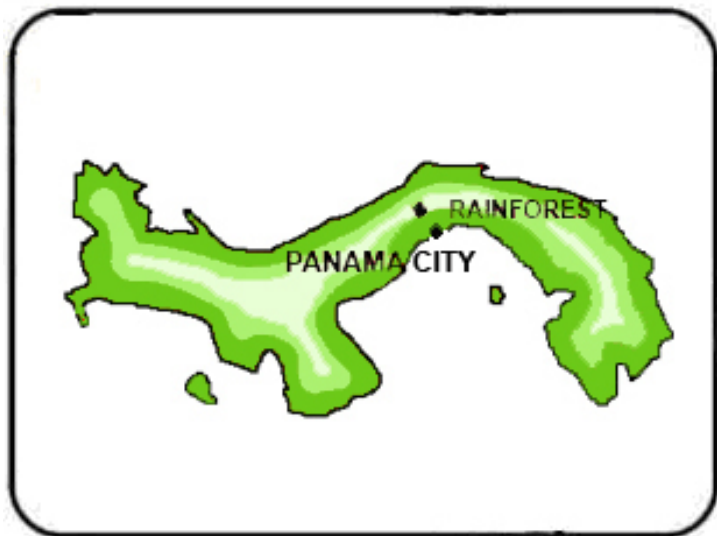


TEOROS



DAY ONE- Panama City / Altos de Bethania Homestay

Panama is a treasure. Although it's a small country, it has exotic tropical rainforests, beautiful mountain refuges, beaches, islands, seven living Indian cultures, a sophisticated capital city, scads of Spanish colonial historical sites and that 8th wonder of the world and engineering marvel, the Panama Canal.

Greeting by Interact's representative in the airport lobby. Transfer to Altos de Bethania, a friendly, quiet middle class residential community. ILERI Institute serves as the meeting point and social center for all activities. Meet the Program Director as you're introduced to your host families.

MIDDLE CLASS HOST FAMILIES are neighbors or friends of our homestay director. Regardless, all families are monitored and continually evaluated. Host families provide daily breakfast and dinner. Student bedrooms are equipped with fans. Everyone speaks Spanish in the home. Students normally share with one or two other group members of the same general language ability. All homes are within a ten to twenty-minute walk from the school.

DAY TWO- Cooking *interAction* / Panama Canal

Morning practicalities briefing followed by a walking orientation of your neighborhood and El Dorado shopping district. After your cooking *interAction*, visit the Panama Canal, where you'll witness mammoth ships as they pass through the Miraflores Locks. There's a spectacular outside terrace for amazing views of the ships and locks in action.

DAY THREE - SOMOS Humanitarian & Cultural *interActions*

Your program includes Cultural *InterActions* as well as your exclusive **SOMOS** humanitarian total experience. After arrival, you'll receive a list of the most needed items and specific service projects. Visit a modern "super", where you'll purchase those supplies (\$10 or more per student is recommended). Finally, complete your **SOMOS** experience as you interact with the children (subject to school calendar availability) while painting, or gardening. Later today, enjoy your dance *interAction*, including Salsa & Merengue!

DAY FOUR – Embera Village

Get ready for a canoe ride on the river to visit an Embera Indigenous Village. Enjoy an interactive dance demonstration, where you can participate. Spend time with members of the community or enjoy a swim in the nearby water.

DAY FIVE - Casco Viejo / Amador Causeway

Today, experience Casco Viejo, a unique walled city consisting of 16th & 17th Century Spanish Colonial Architecture. Recently, UNESCO named Casco Viejo a World Heritage Site. Meander by cafes, boutiques, shops, and beautiful buildings surrounding the plazas. Later, visit Amador, a beautiful and picturesque causeway, lined with tropical palm trees and magnificent views of the Canal and the Panama City skyline. Plus, you'll be among the first to photograph the fabulous new Biomuseo, designed by Frank Gehry, best known for the Guggenheim Museum in Spain (not included).

DAY SIX – Guided Adventures / Optional Excursions

Today is ideal for having fun with Interact's exclusive Guided Adventures, visit the nearby Albrook Mall or select popular excursions (not included), such as the Lago Gatun-Monkey Island (\$125/\$175 with Sloth Sanctuary and Butterfly Farm), or Valle de Anton & Zipline (\$175).

DAY SEVEN – Pacific Playa Resort

Enjoy a scenic drive over the Bridge of the Americas and along the Pan America Highway on your way to San Carlos, Playa Ensenada. Your beach pass includes access to facilities, lunch, and non-alcoholic beverages. Relax, swim, or participate in beach volleyball or soccer.

DAY EIGHT- Return to USA



8 DAYS – 7 Nights



7 NIGHTS
Panama Homestay

7



MEALS
All meals are included.